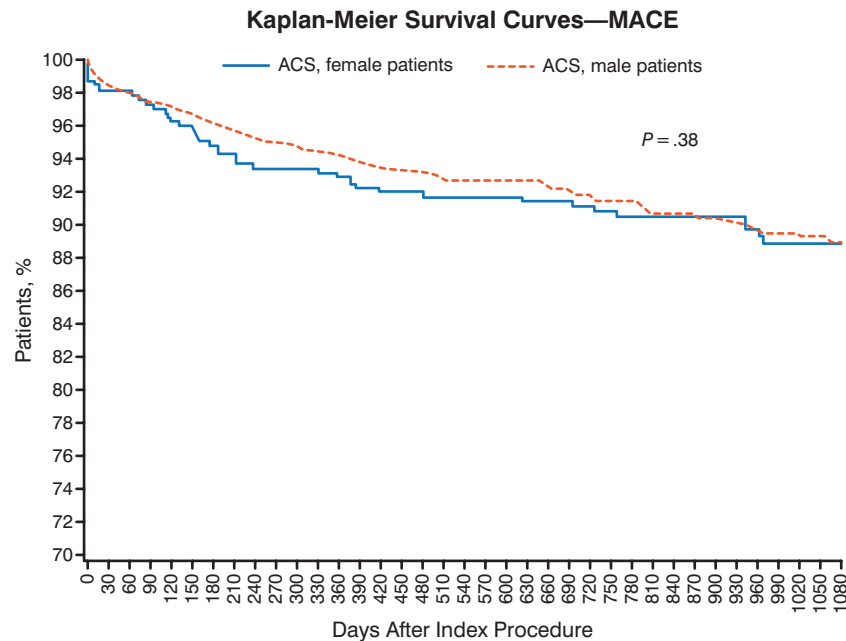




Figure 2. An Evidence-Based Treatment Approach to STEMI Results in Similar Outcomes in Men and Women



ACS, acute coronary syndrome; MACE, major adverse cardiac event.

Adapted from *American Journal of Cardiology*, 110, Gender Impact on Prognosis of Acute Coronary Syndrome Patients Treated With Drug-Eluting Stents, 636-642, Copyright (2012), with permission from Elsevier.

In 2014, the committee conducted a survey to assess the motivations and barriers among women in choosing an interventional cardiology career. Interestingly, when female respondents ($n=315$) were asked their reason for choosing this subspecialty, 82% of them indicated that it was their passion.

Prof Mauri emphasized that future objectives for the WOMEN initiative in 2014 include launching the WOMEN networking platform website, and developing more educational programs and research studies. The committee will also collaborate with the Stent for Life Initiative and participate in the “ACT NOW. SAVE A LIFE” campaign to improve awareness of heart attack symptoms among women.

Update on the SFLI in Egypt

Written by Nicola Parry

Mohamed Sobhy, MD, Alexandria University, Alexandria, Egypt, shared updates from the Stent for Life Initiative (SFLI) in Egypt (www.stentforlifeegypt.com), reporting initial success in increasing the number of patients in the country with STEMI who are treated with primary percutaneous coronary intervention (PPCI).

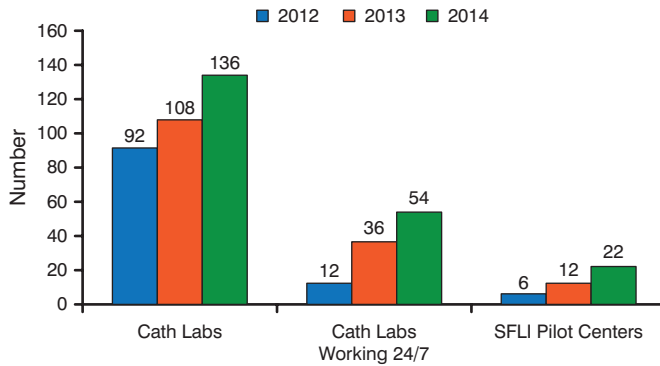
Guidelines from the European Society of Cardiology (ESC), American College of Cardiology, and American

Heart Association acknowledge PPCI as the method of choice to treat patients with STEMI, because it is superior in reducing morbidity and mortality, and improving quality of life, compared with any other treatment modality [Levine GN et al. *J Am Coll Cardiol*. 2011].

In Egypt, the SFLI is an international project conducted by the European Association of Percutaneous Cardiovascular Interventions of the ESC and EuroPCR, together with the Egyptian Society of Cardiology and the Egyptian Ministry of Health, which aims to generalize PPCI treatment in patients with acute STEMI.

Since enrolling in the SFLI in 2010, Egypt has been active in creating its professional organizational structure and developing and executing an action plan, prepared and enrolled by ICOM, to help improve the treatment of patients with cardiovascular diseases throughout the country. According to Prof Sobhy, access to PPCI has improved in Egypt since the program was implemented. The first step in the initiative was the launch of an online registry, the Egyptian SFLI registry [Stent for Life Egypt. <http://www.stentforlife.com/2013/09/sfl-egypt-following-the-public-revolution-after-30-june/>. Accessed September 24, 2014], to document the incidence of STEMI in Egypt and identify barriers to providing proper cardiovascular care to this patient population, which produced considerable results.

Figure 1. Trends in Availability of PPCI in Egypt From 2012 to 2014



Cath, catheterization; PPCI, primary percutaneous coronary intervention; SFLI, Stent for Life Initiative.

Reproduced with permission from M Sobhy, MD.

During the first phase of the registry (March 2011 to February 2012), 1877 patients were treated with PPCI. This increased to 2508 cases in the second phase (March 2011 to February 2013) and 3320 cases in the third phase (March 2013 to February 2014).

In addition, from 2011 to 2014, the number of catheterization laboratories across the country increased from 92 to 136, and the number of those that operate 24/7 has increased from 12 to 54. Simultaneously, the number of SFLI pilot centers has increased from 6 to 22 (Figure 1).

In an effort to achieve its aims, Prof Sobhy said that education is an integral mission of all aspects of the SFLI in Egypt, focusing on physician educational meetings as well as patient awareness campaigns. Physician educational initiatives have comprised a combination of small-group SFLI satellite meetings in hospitals, as well as moderately sized group meetings (eg, InShape) and meetings of large groups involving international faculty at conferences. Educating physicians particularly about the importance of implementing diagnostic and therapeutic measures as quickly as possible is critical, he stressed.

Patient educational initiatives to date have included education days throughout Egypt, risk assessment surveys, and “Cycle for Your Heart” activity events, all aiming to educate patients about the country’s SFLI. Patient informational flyers printed in Arabic are also available.

Prof Sobhy concluded that the next mission of the SFLI in Egypt for 2014 includes taking action specifically in neglected regions of the country, and implementing the “ACT NOW. SAVE A LIFE” campaign to improve public awareness of symptoms of heart attack so that they may seek emergency medical assistance quickly and receive lifesaving PPCI.

- The American Heart Association and American Stroke Association: International Stroke Conference 2015*
February 11–13, 2015
Nashville, TN, USA
- American Society for Parenteral and Enteral Nutrition: Clinical Nutrition Week 2015*
February 14–17, 2015
Long Beach, CA, USA
- The Endocrine Society: ENDO 2015*
March 5–8, 2015
San Diego, CA, USA
- American College of Cardiology: 64th Annual Scientific Session & Expo*
March 14–16, 2015
San Diego, CA, USA
- American Academy of Dermatology: 73rd Annual Meeting
March 20–24, 2015
San Francisco, CA, USA
- The American Academy of Orthopaedic Surgeons: 2015 Annual Meeting
March 24–28, 2015
Las Vegas, NV, USA
- European Society for Medical Oncology: ELCC 2015 European Lung Cancer Conference
April 15–18, 2015
Geneva, Switzerland
- American Academy of Neurology: 2015 Annual Meeting
April 18–25, 2015
Washington, DC, USA
- European Society of Clinical Microbiology and Infectious Diseases: 25th European Congress of Clinical Microbiology and Infectious Diseases
April 25–28, 2015
Copenhagen, Denmark
- The Society for Cardiovascular Angiography and Interventions: 2015 Scientific Sessions
May 6–9, 2015
San Diego, CA, USA
- Heart Rhythm Society: Heart Rhythm 2015*
May 13–16, 2015
Boston, MA, USA
- American Thoracic Society: 2015 International Conference
May 15–20, 2015
Denver, CO, USA
- AASLD, AGA, ASGE and SSAT: Digestive Disease Week 2015
May 16–19, 2015
Washington, DC, USA
- American Psychiatric Association: 168th Annual Meeting
May 16–20, 2015
Toronto, Canada
- American Society of Clinical Oncology: 2015 ASCO Annual Meeting
May 29–June 2, 2015
Chicago, IL, USA
- American Diabetes Association: 75th Scientific Sessions*
June 5–9, 2015
Boston, MA, USA
- European League Against Rheumatism: Annual European Congress of Rheumatology 2015
June 10–13, 2015
Rome, Italy
- ESH, HSH, and ISH: 25th European Meeting on Hypertension and Cardiovascular Protection
June 12–15, 2015
Milan, Italy
- International Society on Thrombosis and Haemostasis: ISTH 2015 Congress*
June 20–25, 2015
Toronto, Canada
- European Society of Cardiology: European Heart Rhythm Society: Cardiosim: EHRA EUROPACE - CARDIOSTIM 2015*
June 21–24, 2015
Milan, Italy
- International Chair on Cardiometabolic Risk: 5th ICCR Congress on Chronic Societal Cardiometabolic Diseases*
July 8–12, 2015
Québec, Canada
- American Orthopaedic Society for Sports Medicine: 2015 Annual Meeting*
July 9–12, 2015
Orlando, FL, USA
- Caribbean Cardiac Society: 30th Caribbean Cardiology Conference*
July 15–18, 2015
Montego Bay, Jamaica
- American Orthopaedic Foot & Ankle Society: AOFAS Annual Meeting 2015*
July 16–18, 2015
Long Beach, CA, USA
- European Society of Cardiology: ESC Congress 2015*
August 29–September 2, 2015
London, United Kingdom
- European Association for the Study of Diabetes: 51st EASD Annual Meeting
September 14–18, 2015
Stockholm, Sweden
- European Society for Medical Oncology: European Cancer Congress 2015
September 25–29, 2015
Vienna, Austria
- 31st Congress of the European Committee for Treatment and Research in Multiple Sclerosis
October 7–10, 2015
Barcelona, Spain
- The Orthopaedic Trauma Association: 31st OTA Annual Meeting
October 7–10, 2015
San Diego, CA, USA
- European Academy of Dermatology and Venereology: 24th EADV Congress
October 7–11, 2015
Copenhagen, Denmark
- Cardiovascular Research Foundation: Transcatheter Cardiovascular Therapeutics 2015
October 11–15, 2015
San Francisco, CA, USA
- Acute Cardiovascular Care Association and European Society of Cardiology: Acute Cardiovascular Care 2015*
October 17–19, 2015
Vienna, Austria
- American Psychiatric Nurses Association: APNA 29th Annual Conference
October 28–31, 2015
Lake Buena Vista, FL, USA
- American Society for Metabolic & Bariatric Surgery and The Obesity Society: ObesityWeek 2015
November 4–7, 2015
Los Angeles, CA, USA
- American College of Rheumatology: 2015 ACR/ARHP Annual Meeting
November 6–11, 2015
San Francisco, CA, USA
- American Heart Association: Scientific Sessions 2015*
November 7–11, 2015
Orlando, FL, USA
- European Association of Cardiovascular Imaging and European Society of Cardiology: EuroEcho-Imaging 2015*
December 2–5, 2015
Seville, Spain
- American Society of Hematology: 57th Annual Meeting and Exposition
December 5–8, 2015
Orlando, FL, USA
- American Association for Cancer Research: San Antonio Breast Cancer Symposium 2015
December 8–12, 2015
San Antonio, TX, USA
- American College of Cardiology: 48th Annual New York Cardiovascular Symposium*
December 11–13, 2015
New York, NY, USA

*PROUDLY PRODUCED IN OFFICIAL COLLABORATION WITH THE HOST SOCIETY

www.mdconferenceexpress.com